



Enhancing the health and well-being of Solano County Older Adults and Adults with Disabilities through nourishing meals, connection, and community engagement.

new & EXCITING

CONGREGATE MEALS PROGRAM



Come for nutritious meals, friendship, and *fun!*

- Yummy lunches, completely re-imagined with *YOU* in mind!
- Engaging conversation and social opportunities
- Guest speakers—Help us choose the topics!

Voluntary contributions are accepted, but not required. Come as often as you like!

Meal Reservations are Required

Please email us, or call this *new* phone number to make your lunch reservation.

(707) 684-4376

info@innovativehealths.com



Lunch Service Begins **JULY 1ST, 2024**

Visit our website for more information:
innovativehealths.com/congregate-meals-program

LOCATIONS & HOURS

BENICIA SENIOR CENTER
1201 E 2nd St., Benicia
Mon-Fri | Lunch @ 11:30 AM

FAIRFIELD ADULT RECREATION CENTER
1200 Civic Center Dr., Fairfield
Mon-Thur | Lunch @ 11:30 AM

FLORENCE DOUGLAS CENTER
333 Amador, Vallejo
Mon-Fri | Lunch @ 11:30 AM

McBRIDE SENIOR CENTER
91 Town Square, Vacaville
Mon-Fri | Lunch @ 11:00 AM

RIO VISTA SENIOR CENTER
25 Main St., Rio Vista
Mon-Fri | Lunch @ 11:50 AM

JOSEPH NELSON COMMUNITY CENTER
611 Dr., Suisun
Mon-Fri | Lunch @ 11:30 AM

DIXON SENIOR MULTI-USE CENTER
201 S 5th St., Dixon | *Coming Soon!*

FILIPINO COMMUNITY CENTER
Vallejo | *Coming Soon!*



INNOVATIVE HEALTH SOLUTIONS



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